

Bicycle Safety Inspection Checklist

✓ **Wear a helmet.**

Always wear a helmet. Many states have laws that require bicyclists under the age of 18 to wear a helmet, but adult riders should wear them too. They can be purchased for less than \$20 at a local bike shop or sporting goods store.

✓ **Obey the rules of the road.**

Bicyclists have all of the same responsibilities as motorists. Obey all stop signs and traffic lights. Never ride against traffic.

✓ **Use hand signals.**

Hand signals inform both motorists and pedestrians that you are going to turn.

✓ **Keep your bike in good working order.**

Keep your bike working properly with routine maintenance. Check your brakes and tires every time before you ride.

✓ **Be visible.**

Wear bright clothing and make sure your reflectors are attached properly. If riding at night, wear reflective clothing and be sure to use lights.

✓ **Do not use headphones.**

Being able to hear vehicles, pedestrians and other bikers is important for your safety. Do not listen to headphones or talk on cellphones while riding.

Protect yourself.
Wear a helmet!

Thirty-four percent of Americans ages 3+ rode a bicycle at least one day in the past year.

The loss prevention information and advice presented in this brochure are intended only to advise our insureds and their managers of a variety of methods and strategies based on generally accepted safe practices, for controlling potentially loss producing situations commonly occurring in business premises and/or operations. They are not intended to warrant that all potential hazards or conditions have been evaluated or can be controlled. They are not intended as an offer to write insurance coverage for such conditions or exposures, or to simply that Great American Insurance Company will write such coverage. The liability of Great American Insurance Company is limited to the specific terms, limits and conditions of the insurance policies issued.

301 E. Fourth Street, Cincinnati, OH 45202 4954-LP (10/16)

A-B-C-D Quick Check

A. AIR

Is the air pressure in the tires correct?
Are the tires in good shape?
Do the wheels spin freely?
Are all the spokes tight?

B. BRAKES

Do the brakes make the wheels skid?
Are the pads in good shape?

C. CHAIN

Is the chain straight?
Is it clean and well-oiled?

D. DROP

Raise the bike about two inches above the ground and drop it. Does it make noise? Something may be loose.

Quick Release Quick Check

If the bike is equipped with quick release fittings, are they tight?



Bicycle Safety Inspection Checklist

Check all the boxes that apply when making your bicycle inspection and make any necessary adjustments **before** you ride.

Handlebars

- Move sideways
- Move front to back
- OK. No movement

Saddle position

- Too high
- Too low
- Too loose
- Correct height
- OK. No movement

Tires

- Low Pressure
- Worn
- OK.

Front fork

- Bent
- Cracked
- OK.

Hand brakes

- Front pads worn
- Levers need adjustment
- Rear pads worn
- Cable ends frayed
- Cable ends capped
- OK. Brakes working correctly

Coaster foot brakes

- Brakes not working
- OK. Brakes effective

Hand grips

- Hand grips uncovered
- Ends plugged and protected
- OK. Grips don't twist

Frame

- Too big
- Too small

Reflectors & lights

- Front light missing
- Rear red reflector missing
- Reflector hanger bent
- All OK.

Chain

- Dirty
- Rusty
- Loose
- OK

Quick release levers

- Closed
- Facing backward

Protect yourself. Wear a helmet!

