

# Ground-Fault Protection on Construction Sites

## What is a GFCI?

The ground-fault circuit interrupter (GFCI) is a fastacting circuit breaker which senses small imbalances in the circuit caused by current leakage to ground and, in a fraction of a second, shuts off the electricity. The GFCI continually matches the amount of current going to an electrical device against the amount of current returning from the device along the electrical path. Whenever the amount “going” differs from the amount “returning” by approximately 5 milliamps, the GFCI interrupts the electric power within as little as 1/40 of a second. GFCIs are designed to protect people, while circuit breakers and fuses are over-current devices and are designed to protect conductors and equipment.

## Employer’s Responsibility

OSHA ground-fault protection rules and regulations have been determined necessary and appropriate for employee safety and health. Therefore, it is the employer’s responsibility to provide either: (a) ground-fault circuit interrupters on construction sites for receptacle outlets in use and not part of the permanent wiring of the building or structure; or (b) a scheduled and recorded assured equipment grounding conductor program on construction sites, covering all cord sets, receptacles which are not part of the permanent wiring of the building or structure, and equipment connected by cord and plug which are available for use or used by employees.

## Insulation and Grounding

Insulation and grounding are two recognized means of preventing injury during electrical equipment operation. Conductor insulation may be provided by placing nonconductive material, such as plastic, around the conductor. Grounding may be achieved through the use of a direct connection to a known ground, such as a metal cold water pipe.

Consider, for example, the metal housing or enclosure around a motor, or the metal box in which electrical switches, circuit breakers, and controls are placed. Such enclosures protect the equipment from dirt and moisture and prevent accidental contact with exposed wiring. However, there is a hazard associated with housings and enclosures. A malfunction within the equipment—such as deteriorated insulation—may create an electrical shock hazard. Many metal enclosures are connected to a ground to eliminate the hazard. If a “hot” wire contacts a grounded enclosure, a ground fault results which normally will trip a circuit breaker or blow a fuse. Metal enclosures and containers are usually grounded by connecting them with a wire going to ground. This wire is called an equipment grounding conductor. Most portable electric tools and appliances are grounded by this means. There is one disadvantage to grounding: a break in the grounding system may occur without the user’s knowledge.

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Insulation may be damaged by hard usage on the job or simply by aging. If this damage causes the conductors to become exposed, the hazards of shock, burns, and fire will exist. Double insulation may be used as additional protection on the live parts of a tool, but double insulation does not provide protection against defective cords and plugs, or against heavy moisture conditions. The use of a ground-fault circuit interrupter (GFCI) is one method used to overcome grounding and insulation deficiencies.

### **What are the Hazards?**

With the wide use of portable tools on construction sites, the use of flexible cords often becomes necessary. Hazards are created when cords, cord connectors, receptacles, and cord- and plug-connected equipment are improperly used and maintained.

Generally, flexible cords are more vulnerable to damage than fixed wiring. Flexible cords, must be so connected to devices and to fittings as to prevent tension at joints and terminal screws. Because a cord is exposed, flexible, and unsecured, joints and terminals become more vulnerable. Flexible cord conductors are finely stranded for flexibility, but the strands of one conductor may loosen from under terminal screws and touch another conductor, especially if the cord is subjected to stress or strain. No flat electrical cords should be used on construction sites.

A flexible cord may be damaged by activities on the job, by door or window edges, by staples or fastenings, by abrasion from adjacent materials, or simply by aging. If the electrical conductors become exposed, there is danger of shocks, burns, or fire. A frequent hazard on a construction site is a cord assembly with improperly connected terminals.

When a cord connector is wet, hazardous leakage can occur to the equipment grounding only conductor and to humans who pick up that connector if they also provide a path to ground. Such leakage is not only limited to the face of the connector, but also develops at any wetted portion of it.

When the leakage current of tools is below 1 ampere, and the grounding conductor has a low resistance, no shock should be perceived. However, should the resistance of the equipment grounding conductor increase, the current through the body also will increase. Thus, if the resistance of the equipment grounding conductor is significantly greater than 1 ohm, tools with even small leakages become hazardous.

### **Training**

There is no substitute for proper training, regardless of the hazard. However, with electrical concerns, training is critical. Employees must be advised of all electrical hazards and protective measures to be taken. In addition, the regulations call for a "competent person" to administer an assured equipment grounding program, as well as perform other safety-related tasks.

Contact your local Great American Loss Prevention Specialist for additional information.

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